

**SATURDAY - 3rd Step One Flight Up
3rd Step Workshop
In Person**

Welcome to Third Step One Flight Up group of Alcoholics Anonymous. We welcome anyone who has a desire to stop drinking. My name is _____, and I am an Alcoholic. I have asked _____ to read the preamble.

Third Step One Flight Up also meets online at 10:15 every Saturday.

It is group conscience that there is no seat saving at this meeting. Also we ask that you refrain from using electronic devices. Please note that the church asks that we do not sit on the tables.

Our speaker today will share for 15 minutes their experience, strength and hope pertaining to the 3rd Step of AA, which reads: "Made a decision to turn our will and our lives over to the care of God as we understood him."

We will then continue with a show of hands. It is this group's conscience to be mindful of others, so please keep your shares limited to three minutes and be mindful of crosstalk. Is there anyone willing to be the spiritual timekeeper?

CHOOSE VOLUNTEER

The timekeeper will announce when you have one minute left to share by saying, "One minute" and will let you know when your time is up by saying, "Time's up."

At 10:00, we will stop for a brief secretary's break. After which, the Chair will ask if anyone with a burning desire would like to share. We will then return to regular sharing for the remainder of the meeting until 10:30.

The first Saturday of the month we hold a business meeting after this meeting. Everyone is welcome and cheerfully encouraged to attend.

ONLY READ FOLLOWING PARAGRAPH ON THE LAST SATURDAY OF THE MONTH

Today we celebrate anniversaries of 90 Days and one year and up of continuous sobriety. If you would like to receive a chip, there is a list on the literature table. Please add your name to the list.

It is our custom at this meeting to begin with the 3rd Step Prayer as it appears in the Big Book of Alcoholics Anonymous. Will everyone who wishes to please join me:

God, I offer myself to Thee, to build with me, and do with me as Thou wilt.

Relieve me of the bondage of self, that I may better do Thy will.

Take away my difficulties that victory over them may bear witness
to those I would help of Thy Power, Thy Love and Thy Way of Life.

May I do Thy will always.

And now, please help me welcome our speaker _____.

AFTER SPEAKER

Thank you. We will now go to a show of hands. Please keep your eye on the timekeeper and please speak up so that others can hear you. The first share of the meeting is reserved for someone who has never shared at this meeting before. Is there anyone who has never shared here and would like to?

At 10:00 - We will now go to a secretary's break.

SECRETARY'S BREAK SCRIPT IS READ

AFTER SECRETARY'S BREAK

The next five minutes are reserved for anyone who has the desire to drink today. If you have a desire to drink today, this is your time to share.

AFTER BURNING DESIRE

Back to open sharing until 10:30